



## Lesson Six: Get In the Game

### READY

- What type of music do you play when training?

### SET

- Do you recall praising the Lord following a game or contest? Why did you praise Him?
- Why don't we praise the Lord when circumstances aren't favorable?
- How can we praise the Lord with both our words and attitude?
- Read Romans 8:28. What does it mean by "...God causes all things to work together for good to those who love God, to those who are called according to His purposes."?
- King David was one of the authors of The Book of Psalms. How can these praises help you in your athletic performances?
- Read Romans 12:1. How can you praise the Lord with every ounce of your energy during practice? Games?

### GO

- Read Psalm 150. Based upon this psalm, it explains where (verse 1) why (verse 2) and how (verses 3-5) to praise God. It also explains who should praise Him (verse 6). Discuss each one.



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